



Minute-By-Minute

Minute-By-Minute is the Monthly Newsletter of the

October 2017

North Carolina Association of Municipal Clerks

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President Hunt's October Message:

Called for Such a Time as This



Greetings, Fellow Clerks,

My, oh, my, how time flies! Fall is here!! The leaves on the trees are beginning to change colors. Some of us are beginning to change the colors in our wardrobes to traditional fall colors: gold, purple, green, camel, and bright red. As the world turns, many changes are occurring.

The Board of Directors held its first quarterly meeting for 2017-2018 on Friday, September 8th. The oath of office was administered to Wilene Cunningham, Clerk of Cramerton. Wilene will be representing District 11. Thank you, Wilene, for agreeing to serve, alongside your fellow Clerks. Plans are underway by the Program & Education Committee for the Spring Regional Schools. Stay tuned for more details.

On September 14th, I had the privilege of meeting with our County Clerks, along with Melody Schuler, Jim Byrd, Carla Stowe, and Trey Allen, to discuss the list of topics for the January Clerk's School. You don't want to miss this year's Clerks School to be held January 17-19, 2018.

A change for the North Carolina Association of Municipal Clerks within the NCLM Annual Conference at City Vision 2017 in Greenville, NC, also took place. Although this was the first NCLM Annual Conference that I attended; in the past, we have had Clerks' breakfasts. Nevertheless, the afternoon was a very informative one! Mayor Kandi Smith, of Greenville, brought greetings to the group. Trey Allen did a magnificent job, speaking on "Prayer at Local Government Meetings." I thoroughly enjoyed my time at the Conference.

October is Breast Cancer Awareness and Domestic Violence Awareness Month. Let us join together with others in this fight to tackle these diseases. Yes, in my opinion, domestic violence is a disease. We all know someone who has been affected by breast cancer and/or domestic violence. The truth is when the affected one hurts, we too should hurt. Embrace those who hurt. Time well-spent is when we lose sight of self and concentrate on others.

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President Hunt's Message Continued

Let me share a fun fact: October is also National Pizza Month! The observance began in October 1984 and was created by Gerry Durnell, publisher of Pizza Today magazine. He decided upon October 1984 because his first issue of Pizza Today was debuted during this time. According to "Google", 94% of Americans eat pizza at least once a month—about 45 slices of pizza per person a year—and 350 slices per second. In your leisure, please google and you will be surprised with what you discover.

Thank you, fellow clerks, for all that you!! Always remember, that we are a grand design—called, destined, and appointed FOR SUCH A TIME AS THIS!

Elaine F. Hunt, MMC, NCCMC
NCAMC President



Elaine Martin the new Clerk of the Village of Simpson.

Christina Craft the Clerk of Williamston on receiving her CMC.

Jeannette Newbern and Sue Ellen Hill of the Village of Simpson on their retirement.

Alice F. Lloyd the Clerk of Pittsboro, this months Member Spotlight designee.

J'Manda Dunston the new Clerk of Sandy Creek.



Happy Birthday!

October

15 Christy Thomas
16 Kim Wright
17 Jeanette Newbern
18 Carol Barwick
Marilyn Smith
Shelia Weathers
19 Barbara Bounds
Karen Fink
Kimberly Mitchell
Sabrina Oliver
20 Cheryl Feinberg
Joy Garland
Lynn Trivette
21 Tola Ellis
Erin Hudson
Jamie Wood
22 Wanda Dockery
Tanita Howard
Emily Hughes
Emily Kunze
Peggy Smith
23 Bridgette Bell
Juanita Faircloth
Cora Nunes
25 Kaye Foster
26 Kimberly Cochran

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November

Talece Hunter
Katie McBride
Kay Minton
Jennifer Broderick
Nancy Jackson
Tony Blalock
Ann Katsuyoshi
Cathy Whittington
Hydeia Hayes
Phyllis McClure
Elaine Bryan
Terry Bullock
Angela Easter
Tammy Hatley
Ronda Lambert
Jennifer Richardson
Martha Wolfe
Jennifer Casstevens
Juanita Owens
Vicky Brooks
Tamra Swanson
Kaye Anderson
Elizabeth Sweeney
Staci Ventura
Cheryl Bennett
Wilene Cunningham
Courtney Kennedy
Regina Alexander
Tamela Garner
Janis Moore

15 Tammie Drake
Mary Lucas
Rhonda Webb
18 Paula Pulley
20 Barbara Baker
21 Diane Autry
Amira Hunt
Leigh Summerour
22 ShaTasira Bailey
Kelly Baker
DiAnne Enoch
23 JoAnn Strickland
24 Linda Brown
Natashia McCants
Glenda Sansosti
Tamara Ward
25 Pam Casey
Holly Doerr
Melody Hancock
Jacqueline Nicholson
26 Diana Davis
28 Debbie Coffey
Amy Harvey
29 Leslie Crowder
Michelle Jolley
Betsy Nicholson
Sandra Smith
Gail Thomas

Send birthday updates to:
kwingo@TownofWingateNC.gov

What I like about October

October is my favorite month of the year and I think it always has been. Things to enjoy in October:

Weather – it is near perfect – not too hot, not too cool. It's a great time to get outdoors and enjoy a hike, listening to the crunch of leaves. I think most of us welcome the cooler, refreshing temperatures.

Pumpkins and pumpkin-flavored everything, roasted pumpkin seeds, fairs and festivals. Other than our local fair, one of my favorite festival is the Pumpkintown Pumpkin Festival. All crafts are handmade items only. There's great music too.

Sweaters: It's like you have a new wardrobe! You can bring out the boots, scarves, and sweaters and love them all over again.

Food: Our menus change to warm, rich stews, hearty chili and soups.

Blankets: I agree with Charlie Brown and Snoopy. "Happiness is a warm blanket."

APPLES! We certainly celebrate our apples here in Henderson County. The apple has been called one of the loveliest of all fruits. It is also one of the most important agricultural crops grown in Henderson County. During a normal year it brings in an average income of \$22 million dollars or more. Growing apples has been part of Henderson County's culture and heritage since the mid-1700s. Today, there are approximately 200 apple growers in Henderson County. North Carolina is the seventh largest apple-producing state in the nation and Henderson County grows 65 percent of all apples in North Carolina.

You can have apple pies, apple fritters, fried apple pies, apple crisp, apple cobbler, apple butter, apple sauce, fried apples, baked apples, apple ice cream, caramel apples, candy apples, caramel apples, apple cake, apple stuffing, apple cider, cider donuts ... have you ever had those? I am making myself hungry just thinking about them. I cannot compare with Bubba's list of ways to cook shrimp in the Forrest Gump movie ... but there are lots of ways to enjoy apples.

College Football! October brings with it our obsession with college football. It gives us a great reason to enjoy football with our friends and family and have some wonderful food.

Color - There really is no more beautiful time of year than when the leaves begin to change colors to red, yellow and orange. Growing up, I remember long rides in the mountains to enjoy the changing of the leaves, and a picnic with my mom's fried chicken and biscuits which were the very best ever. It didn't matter if that's all we had ... it was so good. We usually had a wonderful toasted pecan pound cake too. Oh, yes! Many times we ended up eating our picnic on a blanket on the ground. What great memories. I'm sure you have many of your own as well.

I've read that October is the perfect pause between the opposing distresses of a hot summer and a cold winter! Wherever you are, I hope you pause and enjoy October. I wish it would last a lot longer.

By: Tammie Drake
Director, Region 12

Upcoming Events in North Carolina

Smoke on the Mountain, Franklin, NC—October 14, 19, & 21.

Marion Mountain Music, Marion, NC—October 19, 26, & November 2.

North Carolina State Fair, Raleigh, NC—October 12-22.

Clayton Fear Fair, Clayton, NC—October 14, 15, 19, 20, 21, 22, 26, 27, 28, 29, 30, & 31.

Ghost Train Halloween Festival, Blowing Rock, NC—October 20,21,27,& 28.

Fly in Social, North Wilkesboro, NC—October 14 & November 11.

Historic Tours by Carriage, Fayetteville, NC—October 14 & November 11.

Blacksmithing Demonstration, High Point, NC—October 28 and November 11.

The Haunted Farm, Hendersonville, October 20-21, 26-28.

Kersey Valley presents Spookywoods, Archdale, NC- October 19—26, 26-30.

Peanuts Pumpkin Patch Express, Bryson City, NC-October 13-15, 20-22, 27-29.

Fall in love with New Bern, New Bern, NC-October 13-28.

You don't have to travel far. There is something for everyone right here in the Old North State. Take a day trip or spend the weekend discovering what our state has to offer. You will not be disappointed.



Healthy Chicken Casserole

Ingredients

2 c. wild rice, cooked according to package instructions
2 tbsp. olive oil
1/2 onion, chopped
2 medium sweet potatoes, peeled and cut into small cubes
1 lb. brussel sprouts, trimmed and quartered
1 tsp. dried thyme
1/2 tsp. paprika
kosher salt
Freshly ground black pepper
1/4 c. chicken broth
2 lb. boneless, skinless chicken breast
1/2 c. dried cranberries
1/2 c. sliced almonds

Directions

Preheat oven to 350 and grease a 9X13 baking dish.

First, make chicken. Heat 1 tablespoon of olive oil in a large skillet. Season chicken all over with salt and pepper. Add chicken to skillet and cook for 6-8 minutes per side, or until cooked through. Let rest for 10 minutes, then cut each breast into bite sized pieces.

In a large high sided skillet over medium heat, heat oil. Add onion, sweet potato and brussel sprouts. Season with thyme, paprika, salt and pepper. Sauté until vegetables are slightly softened, about 5 minutes. Add chicken broth, bring to a simmer, and cover for an additional 5 minutes.

Mix in prepared rice, prepared chicken and cranberries. Transfer mixture to baking dish, top with sliced almonds, and bake 20 minutes.

Let cool 5 minutes and serve.

Ingredients

1 package orange Jell-O
1 package purple Jell-O
1 package green Jell-O
3 c. boiling water, divided
3 c. vodka, divided
1 c. cool whip
15 Oreos, cream removed
30 chocolate kisses
Orange, green, and purple sanding sugar

Directions

Into three separate bowls or measuring cups, add each flavor jello. Into each bowl add boiling water and vodka and whisk until Jell-O mixture is fully dissolved. Pour into plastic cups and place in the refrigerator to harden, 3-4 hours.

Meanwhile, make witch's hats. Make sure all cream is removed from Oreo cookies and place smooth side down. Take an unwrapped Kiss and dip in cool whip, and then into the sanding sugar of your choice. Press Kiss in the center of the cookie to join the two.

When Jell-O is hardened, top with cool whip and a witch hat. Serve.

I know you all remember the movie “Hocus Pocus”. It is not really Halloween if you haven’t watched this classic about three kids who accidentally set the Sanderson sisters free.

The above recipe is in honor of those spooky sisters, Winifred, Mary and Sarah. Which one do you identify with?

The “Winifred”: If you’re bossy because you feel like everyone around you is inadequate, this lime green shot is for you.

The “Mary”: If you’re the goofy, loving and faithful sidekick who does anything to please her friends, then the orange is perfect for you.

The “Sarah”: If you’re the life of every party, purple is your color. Take a shot with pride and don’t let the haters hate on your flirty ways.



HOCUS POCUS JELL-O SHOTS

delish



IIMC Foundation Announcement

SANTA CLAWS RAFFLE (Alaskan King Crab) and HAWAII RAFFLE (a week for two)

Entries for the crab raffle needs to be mailed by November 3rd, The winner will be selected on Sunday, November 19 at their Board meeting. The Hawaii raffle will be chosen at the IIMC annual conference in May. Tickets for the



Hawaii trip will be on sale at the conference. There is no specific week for the Hawaii trip. The winner will coordinate with American Legal (the donor) to set it up. Please contact Colleen Nicol at CNicol@riversideca.gov or any other IIMC Foundation Board Member for more information.

NCLM Fall Tour

You are invited to join the League during one of their 9 lunch-and-learn meetings scheduled across the state this fall to learn about the different coverage options available to their members.

The meetings are perfect for Managers, Clerks, HR Directors, Finance Officers, Risk Managers and other municipal staff who are involved in the insurance decision-making for their employer.

There is no cost to attend. Please check the League's website for additional information and registration. The dates and locations are listed below

- November 1—Manteo
- November 2—Rocky Mount
- November 3—New Bern
- November 8—White Lake
- November 9—Garner
- November 14—Wilkesboro
- November 15—Black Mountain
- November 16—Lewisville
- November 17—Mount Holly

Breast Cancer Awareness Facts

October is Breast Cancer Awareness Month, an annual campaign to raise awareness of breast cancer risks, the value of screening and early detection, and treatment options available to women and men who are diagnosed with one of the many forms of breast cancer. More than 249,000 people in the United States are diagnosed with invasive breast cancer every year, and nearly 41,000 die from the disease.



Over the years, a loop of pink ribbon has come to symbolize breast cancer awareness, and today the image of a pink ribbon can be found emblazoned on thousands of products, from apparel to dishware to office supplies. But there's more to awareness than just wearing pink.

- ◆ Breast cancer typically produces no symptoms when the tumor is small, that's why early detection is important.
- ◆ In 2017, an estimated 252,710 new cases will be diagnosed among women and 2,470 among men.
- ◆ Approximately 40,610 women and 460 men are expected to die from breast cancer in 2017.
- ◆ More than 3.5 million US women with a history of breast cancer were alive on January 1, 2016.
- ◆ Based on the most recent data relative survival rates for women diagnosed with breast cancer are:

91% at 5 years after diagnosis

86% after 10 years

80% after 15 years

- ◆ Self-examination is imperative in the early detection of breast cancer.

Domestic Violence Facts



- On the average, nearly 20 people per minute are physically abused by an intimate partner in the United States.
- 1 in 3 women and 1 in 4 men have been victims of physical violence by an intimate partner during their lifetime.
- Only 34% of people who are injured by intimate partners received medical care for their injuries.
- Women between the ages of 18-24 are most commonly abused by an intimate partner.
- The presence of a gun in a domestic violence situation increases the risk of homicide by 500%.
- 1 in 15 children are exposed to domestic violence each year.
- The cost of intimate partner violence exceeds \$8.3 billion per year.

I know some of you think the information above is skewed, but it is not. Why should you believe me? I am a survivor of domestic violence. There, I said it. I was abused for years both physically and emotionally by a man that I thought loved me. He loved me and he told me so after every time he hit or punched me. He especially loved me when he held a gun to my head as I lay faking sleep one night. He really did love me after he hit me repeatedly with two broom handles tapped together that resulted in a broken left ankle. He truly loved me after he hit me on the side of my head with a blackjack that resulted in my having to have stitches to close the wound. Yes, he really did love me, so I thought.

I know right about now you are asking yourself, why I stayed or why would I let someone do those things to me. I asked myself those same questions. The answer is, most women are too shattered to leave, I know I was. I was told over and over again that it wouldn't happen anymore and for a while (a week or two) it didn't. Then BAM, there it was again. I can only speak for myself and this is not a professional answer, it is a personal one. I felt like that was the best I could do. I felt like I deserved this treatment for one reason or another. I thought this happened to all young women like me. I was 23 years old and had 2 children and thought I was lucky this guy picked me. I know what you are thinking; now that I said this out loud I know how ridiculous it sounds. But it is true this happens.

Fortunately, I survived! I met some amazing people that changed or should I say saved my life. I also met an amazing woman that did deserve better, that was worthy of more and did not settle for less. I met me! I am not telling my story for pity, I don't need that. By telling my story, I gain strength, self-confidence and self-esteem. If I help someone well, that's a plus. The bottom line is, there is help available, you just have to reach out for it. Remember this, there is NOTHING WRONG WITH YOU, it is the abuser that has the problem.

Jackie Hampton, Survivor



Clerk of the Year

Congratulations goes out to Sylvia Holloman, this year's Clerk of the Year.



There is no wonder this amazing woman was chosen as Clerk of the Year. Where does she find the time to do all the things she does? I know you will be as amazed as I was when you read this. Sylvia Holloman has been the Clerk of the Town of Wrightsville Beach for the past 26 years. But that's not all she does or has done. Take a gander at this:

- ♦ 20 years in private sector with J.W. Murchison Company as Advertising Manager.
- ♦ Served under eight mayors and six managers.
- ♦ Member of NCAMC since 2001.
- ♦ Member of IIMC since 2002.
- ♦ First Clerk to be featured in the "Clerk Spotlight."
- ♦ Member of New Hanover Human Relations Committee from 2003-2007 representing the citizens of Wrightsville Beach.
- ♦ Treasurer of Friends of Human Relations Committee 2007-2009.
- ♦ Chairman of Town Hall Day Committee: worked with Town officials, businesses and residents to organize the Town's very first "Town Hall Day".
- ♦ Member of First Baptist Church of Delco where she helped with Vacation Bible School, past treasurer and choir member of Town of Creek Baptist Church.
- ♦ Supported and promoted youth athletics in the community. Kept scorebooks for school, travel baseball and bowling 1999-2017.
- ♦ Wow! What a busy woman and one that is well deserving of the title of "Clerk of the Year"!

